

## ANDREA RIGGS ~ Atlanta's Favorite TV Fitness Expert!



Atlanta's favorite TV Fitness expert, Andrea Riggs, served two seasons as Atlanta's Biggest Loser Trainer on WXIA-11 Alive, inspiring millions to "Get Body Beautiful" and achieve better health. A trailblazer in the health, she developed a 2010 partnership with the Aetna Foundation and the Atlanta Urban League to provide healthy lifestyle coaching to thousands of African American women. Her business and health focus includes a private personal training studio, corporate wellness programs, and a nutrition product line. She also serves as spokesperson for the American Heart Association and fitness expert for Black Health Magazine, Rolling Out, and Upscale publications. Andrea is married to Michael Riggs and they have two children.