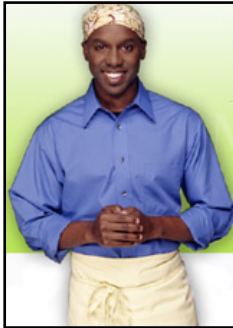


Live Healthy & Thrive expo

Featuring a taped for
TV cooking
demonstration with

**Chef Marvin
Woods**



*One weekend of
events with plenty
to see and do...*

- ♥ Fitness/Aerobics class
- ♥ VIP Area
- ♥ Restaurant Row w/free tastings
- ♥ Life Coaching Seminars & Panel Discussions
- ♥ Kids' Corner with games
- ♥ Interactive Gaming Area
- ♥ Vendors/Exhibitors
- ♥ Corporate Displays
- ♥ Health Screenings
- ♥ Seniors Corner (55+)
- ♥ Radio Broadcasts
- ♥ Celebrity Cooking Stage, sponsored by 

Saturday, June 26th, 10 AM –7PM
Sunday, June 27th, 11 AM – 6 PM
Cobb Galleria Centre, Atlanta

Live Healthy & Thrive expo

**For Advertising,
Exhibitor &
Sponsorship Sales info**

Please contact:

Lori Manns
Quality Media Consultant
Group, LLC
1270 Caroline Street
Suite D120-307
Atlanta, GA 30307

[404] 432-0444

www.livehealthyandthrive.com

Email:
info@livehealthyandthrive.com

Live Healthy & Thrive expo

A lifetime of health and wellness
rolled into one weekend!

Improve your lifestyle with us...

Knowing better = Education

Doing better = Activation

Being better = Inspiration



June 26-27, 2010
Cobb Galleria Centre
2 Galleria Parkway
Atlanta, GA 30339

www.livehealthyandthrive.com



Promoting total health and wellness for mind, body, spirit, and the overall human condition!

Expected attendance: 10,000

Sponsor an area or specialty pavilion. Ask us how...

- Green/Organic Pavilion
- VIP Area
- Kids' Corner
- Mind, Body & Spirit Pavilion
- Seniors' Area

Contact us for more information:

Phone: 1-800-551-3775

Email: info@livehealthyandthrive.com

Web: www.livehealthyandthrive.com

To participate as an exhibitor, please register online!

Attendees: Don't miss out, get your tickets EARLY! \$5 in advance (online only), \$10 at the door.



What is it?

The **Live Healthy & Thrive Expo** is a two day total **Health and Wellness** family event designed to provide everything you need to maintain a balanced, healthy, happy and productive lifestyle. Our mission is to teach Americans of all ages and ethnicities how to live a well-balanced, healthier and happier life by means of making lifestyle changes as follows:

- ♥ Eating healthier, more nutritional foods
- ♥ Exercise and fitness
- ♥ Anti-stress techniques, promoting mental health
- ♥ Spiritual enlightenment, meditation and yoga
- ♥ Proper aesthetics, taking care of our skin, hair and teeth
- ♥ Herbal supplements and natural healing remedies
- ♥ Green initiatives and sustainability

Saturday, June 26th, 10 AM – 7PM

Sunday, June 27th, 11 AM – 6 PM

**Cobb Galleria Centre
2 Galleria Pkwy, Atlanta, GA 30339**

Many Americans suffer from diseases that could be treated with preventive healthcare measures and lifestyle changes. The truth is trouble can begin in the kitchen. Eating too much saturated fat, transfat, cholesterol and salt is a big problem. According to the American Heart Association, a steady diet of high fat foods can have a big impact on your risk for heart disease and stroke, as well as obesity.

The Live Healthy and Thrive Expo will offer something for the entire family – from children to grandparents. As an attendee, you will be educated, inspired and motivated to live a healthier, more balanced life. You will be exposed to exhibitors and sponsors showcasing their products and services, providing you with a wealth of knowledge and positive experiences for the total health and wellness of mind, body and spirit.

Sponsors will have the benefit of a multi-week media campaign including TV, radio and print that will target thousands of potential customers who want to learn more about a lifestyle of better health and TOTAL WELLNESS. Our goal is to activate positive change in Atlanta and eventually communities across the country to get Americans healthier... so we can all **LIVE HEALTHY and THRIVE!**

A portion of the proceeds from this event will benefit Live Healthy & Thrive Youth Foundation, the American Heart Association and American Stroke Association.

